

The Toastmaster As HERO!



How Your Toastmasters Journey Echoes *The Hero's Journey*

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Craig Harrison's
**Expressions
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***A hero ventures forth
from the world of common day***

***Into a region of supernatural wonder:
fabulous forces are there encountered
and a decisive victory is won:***

***The hero comes back
from this mysterious adventure
with the power to bestow boons
on his fellow man.***



— Joseph Campbell
THE HERO OF A THOUSAND FACES



The Three Phases of The Hero's Journey: *Departure, Initiation, Return*



I. Departure (sometimes called Separation)

You were drawn from your ordinary life and beckoned to join Toastmasters.

What were you doing? _____

Who beckoned you? _____

What was your reluctance? _____

What was your fear? _____

II. Initiation

Something happened when we joined Toastmasters. A journey was begun.

You crossed a threshold! You took a risk. Took a chance.

Made yourself vulnerable. Exposed yourself to strangers on your journey to find new tools, new powers:

You sought to acquire new skills:

- ✓ _____
- ✓ _____
- ✓ _____

And developed other skills too:

- ✓ _____
- ✓ _____
- ✓ _____

There were TASKS and TRIALS:

- ✓ _____
- ✓ _____
- ✓ _____

Yet you PERSEVERED:

- ✓ _____
- ✓ _____
- ✓ _____

Lessons learned?

- ✓ _____
- ✓ _____
- ✓ _____

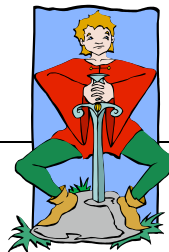
There were BUMPS along the way: Who Assisted you and how?

- ✓ _____
- ✓ _____
- ✓ _____

- ✓ _____
- ✓ _____
- ✓ _____

What path did you take on your journey? Did you blaze your own?

- ✓ _____
- ✓ _____
- ✓ _____



III. Return

Ultimately, your Hero's Journey results in a return to your environment with:

1. Newfound skills 2. New confidence 3. A new relationship with the world

What new skills do you now possess? _____

What new confidence do you possess? _____

What is your new relationship with the world? _____

What is next for you? _____



"Toastmasters is transformational.
You're not the same person you were
when you joined.
You've been transformed, and now you, in turn,
can transform your world.
You are now the master of two worlds.
And a hero!
Congratulations!"

— **Craig Harrison DTM AL PDG**