



**MINUTES OF 166TH MEETING OF BOMBAY TOASTMASTERS CLUB
HELD AT PTVA'S INSTITUTE OF MANAGEMENT ON 13TH DECEMBER 2014
CLUB 1135184 (DISTRICT 41 - DIVISION D - AREA 3)**

Theme of the Day : Food For Thought
– Thought For Food

ATTENDEES

Members from BTM : 20
Members from Other Clubs : 5
Guests : 9



ROLE PLAYERS

Toastmaster of the Day : TM Siana
Table Topics Master : TM Bhushan
General Evaluator : TM Suneel
Grammarian : TM Sachin
Timer : TM Talha
Ah Counter : TM Kunj

Word of the Day : Lollygag

Project	Speaker	Topic	Time (mins)	Evaluator	Time (mins)
P4	TM Atul	Indulgence	6.19	TM Hasnain	2.36
P6	TM Ashvini	A Great Coach	5.47	TM Linus	2.50
P9	TM Jansi	Sweat It Out	7.38	TM Punit	3.21
P10	TM Pratibha	My Friend, My Trend	8.43	TM Natarajan	3.11
ACB-2	DTM Nikhil	A Great Hero	7.14	DTM Craig	3.36

DETAILS OF THE MEETING



The meeting started at 6. 02pm, with SAA TM Sachin welcoming members, listing out instructions and mentioning mission of Toastmasters Club.

Thought of the day was shared by TM Kanagi:

**“Be thankful for what you have, you’ll end up having more.
If you concentrate on what you don’t have, you will never have enough.”
- Oprah Winfrey**



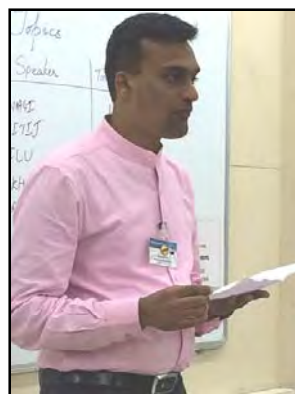
SAA then handed control to Presiding Officer TM Arvind who shared a story about the difference between Heaven & Hell. The Presiding Officer then introduced Grammarian TM Sachin who gave out the word of the day, “Lollygag” meaning – to fool around and waste time and an example – There are very few members in our club that lollygag.

The Presiding Officer then handed control to TMOd TM Siana who introduced the theme: Food for Thought – Though For Food by mentioning about a recent research by Dr. Bert which concludes that our diet not only has benefits to our physical health but also our mental health.

TMOd then introduced the Timer – TM Talha and Ah Counter – TM Kunj who mentioned their duties.



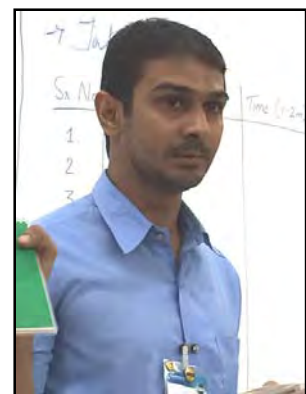
**TMOd
TM Siana**



**Grammarian
TM Sachin**



**Ah Counter
TM Kunj**



**Timer
TM Talha**

PREPARED SPEECHES SECTION



TM Atul delivered his P4 (How To Say It), **Indulgence**, encouraging his listeners to visit various eating joints and sharing about each of their specialties.

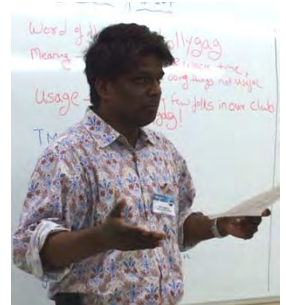
The speech was evaluated by TM Hasnain, who praised the speaker for his enjoyable speech, use of alliterations, great facial expressions and body language. He suggested that the speech could have had a takeaway and he would have liked to hear metaphors & similes.





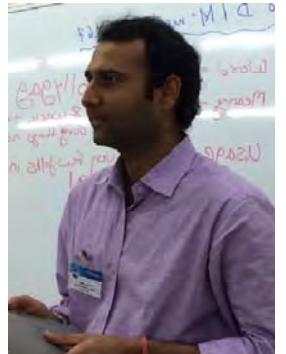
TM Ashvini delivered her P6 (Voice Modulation), **A Great Coach**, sharing about the lessons she learnt from her niece – to live in the moment, curiosity & to enjoy life.

The speech was evaluated by TM Linus, who praised her for the mystery at the opening, organisation of the speech and use of humour. He recommended adding expression & gestures and use of stage to connect better with the audience.



The next speech was delivered by TM Jansi. In her P9 (Persuade with Power), **Sweat It Out** she spoke about the benefits of exercise, watching one's diet and shared simple health tips like cycling & climbing stairs.

The speech was evaluated by TM Punit, who complimented the speaker on initial connect with the audience with a question, sincere delivery & simple and practical tips shared. He suggested use of personal examples, avoiding pacing & a more impactful conclusion.



The next speech was delivered by TM Pratibha. In her P10 (Inspire Your Audience), **My Friend – My Trend**, she shared about her 90 year old friend who later turned out to be Toastmasters, the different lessons her friend taught her and her journey from fear to fulfillment.

The speech was evaluated by TM Natarajan who commended the speaker on bringing nostalgia to her speech, use of figures of speech & connect with the audience. He suggested that sharing a personal example could have enhanced the speech.



The last speech was delivered by DTM Nikhil. In his ACB2 (Speak in Praise from Special Occasions Manual) **A Great Hero**, he praised Division D Contestant TM Hasnain for his sincerity, humility and language skills.

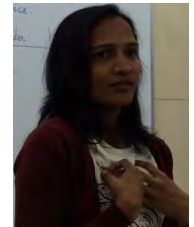
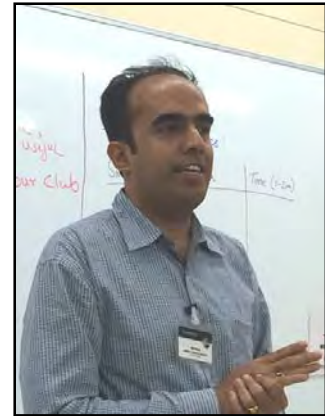
The speech was evaluated by DTM Craig who complimented the speaker on his perfect pitch, humour, alliterations used and personal stories. He suggested that coming back to the original message at the end of the toast could have enhanced the toast speech.



TABLE TOPICS SECTION

Speaker	Topic	Time
TM Kanagi	A celebrity's open letter to PM at time of film release – social act or cheep PR stunt	1.50
Kshitij	Why is fear of long words called Hippopotomonstrosesquipedaliophobia	1.22
Sailu	Why do you think we are so obsessed with masala (spices)?	1.06
Nikhil	When we say food for thought what is your inclination – food or thought?	1.09
TM Andrei	We hate corruption but we encourage religious offerings	1.29
TM Dipti	Universe to me is ... (fill in the blanks)	1.24

The Table Topics Session was conducted by TTM Bhushan



After a short break, the final portion of the meeting was conducted by GE, TM Suneel who called upon each speech evaluator and role player to give their report and gave his own inputs to the speakers.

He then called upon Grammarian and Ah Counter to give their reports, after which he handed control to TMod to conclude the theme.

GUESTS SHARE THEIR EXPERIENCES



Feedback from Guests:

- Had a great experience
- Along with developing our confidence we can also gain knowledge
- Would like to become a member

Presiding Officer announces the winners & awards received by Bombay Toastmasters Club



Best Speaker
DTM Nikhil



Best Table Topics Speaker
Kshitij



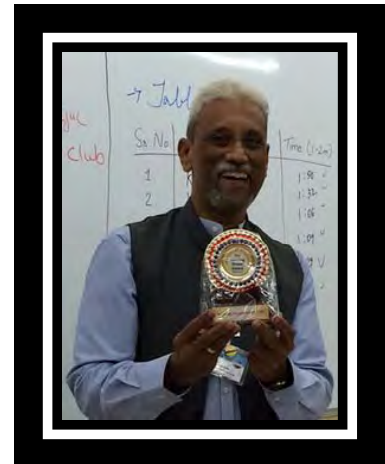
Best Evaluator
TM Hasnain



Best of Big Three
TM Siana



District 41 Honours Bombay Toastmasters Club for Superb DCP performance 2013-14



District 41 Honours Bombay Toastmasters Club for Winning 'Evens' Award 2013-14

DTM Craig shared his experience at his first Toastmasters meeting in India.

Announcements:

- International Speech Contest & Table Topics Contest to be held on 21st February 2015.
- Educational Session on Table Topics to be conducted by Area Governor TM Suneel on 27th December, 2014 from 4.00 pm to 5.00 pm

The meeting was adjourned at 8.45pm.
The next meeting will be held on 27th December 2014.

