

Achieving Your Toastmasters BUCKET LIST

**The
Bucket List:**
A list of
aspirations
one wishes to
achieve in one's
lifetime, before
he or she "kicks
the bucket" &
expires.



**The
Toastmasters
Bucket List:**
A list of professional
goals within
Toastmasters or
resulting from
involvement with
Toastmasters clubs,
contests, curricula, to
be pursued
in one's lifetime.



**What's
In
Yours?**



Craig Harrison's
**Expressions
of Excellence!**TM

Sales & Service Solutions Through Speaking

(510) 547-0664

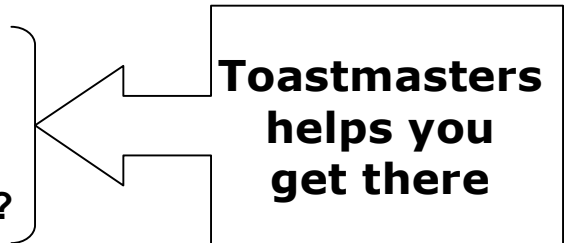
www.ExpressionsOfExcellence.com
www.SpeakAndLeadWithConfidence.com

Toastmasters: A Means to Many Ends

Where do you want to go in life?

What do you want to do in life?

Who do you want to become in life?



Consider these "Bucket List" goals:

- ❖ Win the World Championship of Public Speaking
- ❖ Deliver a TED Talk (www.TED.com)
- ❖ Speak to clubs in all 50 United States
- ❖ Speak to clubs on every continent
- ❖ Start a club at your company, for your favorite non-profit or NGO.
- ❖ Host your own TV Show
- ❖ Start a Gavel Club at a local correctional institution
- ❖ Get an article published in *Toastmaster*, *New Yorker* or *O* magazine
- ❖ Run for Mayor or Governor, President or Premier and get elected!
- ❖ Give a speech to the United Nations
- ❖ Serve as International President of Toastmasters International

WHAT'S ON YOUR BUCKET LIST?

1. _____
2. _____
3. _____
4. _____

It's time to "Aspire and Achieve!"

GOAL: _____

What will success look like? _____

Who is on your team? _____

What resources can assist you? _____

What Milestones will you establish along the way?

1. _____

2. _____

3. _____

What is your first step? _____

What will you do if/when you get stuck? _____

When do you plan to complete this goal by? _____

Your Signature

Date

Accountability Partner

Resources At Your Disposal

People



Books/CDs/DVDs

**TI Programs
(HPL, manuals, etc.)**

**TI Roles/Events
(Club/Dist. positions?)**

**Tools
(Software, etc.)**

**Events
(conferences/webinars, etc.)**

Professionals

How Can Social Media Help?

Win the World of Public Speaking

Compete against better competition



Join Speakers Forum

Attend Fripp's Speaker College

Find A Mentor

Take a Dance class
Take an Improv class
Improve your Storytelling



Join Tales & Tellers Toastmasters Assoc. of Ca.

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Dress for Success



Join LaughLovers



Study past masters



Work with Speech & Voice Coaches

Build relationships with WCOPS

Study Speech Writing



Achieving Your Toastmasters BCKET LIST

Accountability Record

Date: _____

Name: _____

Goal: _____

Due By: _____

Call you? _____

(phone)

E-mail you? _____
(print e-mail address)

Congratulations!

[keep this copy; drop other in bucket]

FAX: 928/569-0664

Craig@ConsummateToastmaster.com

Achieving Your Toastmasters BCKET LIST

Accountability Record

Date: _____

Name: _____

Goal: _____

Due By: _____

Call you? _____

(phone)

E-mail you? _____
(print e-mail address)

Congratulations!

[keep other copy; drop this copy in bucket]



Feedback Form for CRAIG HARRISON



Achieve Your
Title: Bucket List! Date: 5-8-10 Audience/Location: D-57 Spring Conf., Vallejo CA

What I liked most about Craig's presentation was: _____

What I liked least about Craig's presentation was: _____

One thing I will take away from this presentation: _____

Recommendations on companies, groups, organizations or people who might appreciate this or other presentations of Craig's: _____

May Craig quote me? _____ Name & Title: _____

Please send me information on other training and speaking topics of Craig's:

Communication

- Your 16-Second Success: The Elevator Speech
- Take the Chill Out of Cold Calls
- Story Tell, Story Sell: Sales Through Storytelling
- The Tao of Networking
- Enhancing Your Workplace Credibility Quotient
- Jest Practices: Humor in the Workplace

Customer Service

- The Voice of Customer Service (Phone Support)
- Turning Customer Service Inside Out (Internal Service)
- Stellar Service! 101 Service Techniques for
- Handling Difficult Questions & Questioners
- Teaming With Success (Team Building Skills)
- Expressions of Excellence (The Case for Quality)

All information sent in the form of PDF files

My e-mail is: _____ (Please print)



Thank you!
Craig

- Check box to receive Craig's free e-zine EXPRESSIONS OF

Please return to CRAIG HARRISON:
24-hour FAX: (928) 569-0664

